

AMERICAN SCHOOL OF NATURAL HEALTH (ASNH) OPENED IN TAMPA

ASNH is a new school in Florida founded by the German Naturopath Hermann Keppeler. It offers 2-4 year programs in Nutrition, Herbal Medicine and Natural Health on a Consultant and Master level.

All programs can be studied part time on weekends. Hermann Keppeler, President of ASNH has more than 30 years of experience in treating patients and has been running training courses in Europe for many years.

If you are interested to change your career, help others and to improve your health, you should contact ASNH today.

along with other dietary measures is an effective answer to many health complaints and common conditions.

The Nutrition Consultant Program also focuses on the importance of Detoxification & Cleansing, as only fully functioning organs are able to absorb and utilize nutrients optimally. ASNH students not only learn about the physiological and biochemical process involved in nourishment, but also the energetic side of foods. This course brings together authentic traditions of oriental medicine with Western research based nutrition.

The course is carefully structured as each unit builds on the previous one, allowing students to develop their skills and reach their full potential as a Nutrition Consultant. Graduates are encouraged to widen their scope of knowledge by enrolling on the Master Nutrition course.

Herbal Consultant

Herbal Medicine is the use of medicinal herbs to promote health. It has a long tradition in all cultures and research has proven its huge benefits. As well as relieving symptoms, herbs work on a deeper level to help people return to full harmony. The use of herbs is becoming ever more popular as more and more people seek out qualified Herbal Consultants.

The ASNH Herbal Consultant Program is based on Western herbs incorporating the energetic approach to herbs. It is rooted in naturopathic principles, which treats the whole person and not just

their symptoms.

The course is carefully structured. Each unit builds on the previous one, allowing students to develop their confidence and skills to reach their full potential as a Herbal Consultant.

Naturopathic Consultant

The Naturopathic Consultant Program builds upon the knowledge gained during the Nutrition Consultant Program or the Herbal

Consultant Program. It introduces students to a variety of additional modules and widens their scope of practice considerably.

Having all these additional tools at hand, will give you as a practitioner, more answers to people's health problems. Your ability to help people will increase and as a result you will have more clients.

The Naturopathic Consultant program covers a number of Naturopathic applications. You will learn how organs and body parts are energetically inter-connected and study various reflex zones and reflex points in the body. The program also covers Tongue, Nail and Face diagnostics.

Knowledge of First Aid Homeopathy and Flower Remedies will give you tools to address injuries, burns, bruises, fractures, acute infections, childhood diseases, stress and anxiety.

If you ever wondered why some people feel hot or cold, tend to be dry or damp, or why symptoms such as pain are better or worse at certain times, then TCM (Traditional Chinese Medicine) and Ayurveda can provide the answer.

Iridology is another fascinating diagnostic tool taught on this course. By looking at the color and signs in the Iris, it can provide vital information to establish the root cause of ailments, leading to the appropriate treatments.

Understanding the possible cause of a disease and the weakness in a person's health also gives answers on how to guide a person individually in terms of diet. You will learn what an individual menu plan looks like and how to prepare and combine foods.

The Naturopathic Consultant course is all about practical application. There are regular short exams and you'll be asked to twin up with class mates, take cases on each other and apply and experience what you've studied. Actual clients will be assessed in the clinic module to further your practical experience.

ASNH believes that real knowledge comes from practice. Therefore all courses have been designed to include both informative lectures and practice sessions. This provides students with a unique opportunity to begin applying their newfound knowledge immediately, helping to cement his/her learning and to encourage application in a real-life, practical situation.

The ASNH can be contacted at (813) 445-4202

*www.americanschoolofnaturalhealth.com
www.facebook.com/americanschoolofnaturalhealth*

www.tampabaywellness.com



ASNH has the following programs:

Nutrition Consultant

The Nutrition Consultant Course stresses the use of whole and organic foods – an integral concept in many indigenous societies. Today we see that a return to chemical free foods